



Iowa NEMT Mileage Reimbursement

The Iowa non-emergency medical transportation (NEMT) program is managed by TMS Management Group. The program is designed to reimburse or pay travel costs for health appointments that are not an emergency. Costs may include miles traveled, and room and board for eligible members.

TMS will reimburse travel costs to:

- Family,
- Friends, or
- Others who drive members to appointments.

Mileage reimbursement is figured by using MapQuest software. The shortest distance from home to the appointment will be refunded at 30 cents per mile. This amount will be paid to the person providing the transportation. TMS will need to have a copy of the driver's license and proof of vehicle insurance. There are some transportation cost exclusions. Details can be found in the Iowa Medicaid Mileage Reimbursement Policy and Claim Form at <http://www.tmsmanagementgroup.com>. To request a copy of this please call **1-866-572-7662**.

Survey for Home and Community Based Services

Do you or a member of your family get Home and Community Based Services (HCBS)? If so, the Department of Human Services would like to hear from you. You may receive a survey from the Direct Service Workforce (DSW) Center asking questions about direct service worker skills and it is important that you fill it out. The survey takes about 30 minutes to finish. This is your chance to help in bettering the skills of direct service workers who support members like you.

If you have questions you may call the DSW Resource Center hotline at **1-877-822-2647** or email info@dswresourcecenter.org.

National Asthma and Allergy Awareness Month

May is National Asthma and Allergy Awareness Month. Asthma is a chronic or long term lung disease that can sometimes make a person's breathing difficult. Asthma affects about 25 million people in the United States.

Allergens are things that are eaten or breathed in that cause a bad reaction to the body. Common allergens are pollen, furry animals, cockroaches, and mold. Allergens can sometimes trigger or lead to an asthma attack. This can cause issues with a person's breathing.

If you are having issues with managing your asthma or allergies contact your provider. Iowa Medicaid also offers a chronic care/ disease management program that is designed to help you manage your health conditions such as Asthma.

For questions about the Chronic Care Management program call **1-800-338-8366**.



New Information about the CDAC/CCO Program

Recent decisions now allow you to have a parent or guardian provide the Consumer Directed Attendant Care (CDAC) and Consumer Choices Option (CCO) services you need, if eligible.

What you should know about the current rules:

- The amount paid to the parent or guardian is based on the services you need.
- The amount paid to the parent or guardian cannot be more than the average statewide amount. Higher payments must be accepted by the Department.
- The parent or guardian may not be paid for more than 40 hours of service per week.
- There should be a backup plan for you to receive services when the parent or guardian is not able to.
- Exception to Policy requests are no longer needed for the parent or guardian to provide services.

For more information contact your local HCBS Specialist. Contact information can be provided by calling **1-800-338-8366**. Questions may also be emailed to HCBSwaivers@dhs.state.ia.us.

Help to Quit Smoking

Call today to talk with a Quit Coach[®] about quitting tobacco. They will help make a plan with your specific needs in mind. Other benefits for eligible Medicaid callers, include:

- Free coaching and materials.
- Medications to help you quit tobacco, if you qualify.

Talk to your healthcare provider to be connected with the Quitline. Providers can get the needed forms at www.quitlineiowa.org.

Questions? Call Quitline Iowa toll-free at:

1-800-784-8669

The Iowa Medicaid Member Newsletter is a quarterly publication from the Iowa Department of Human Services. Thank you for your interest. "Comm. 335 (6/14)"

Intellectual Disability Service Interviews

Iowa Medicaid offers lots of programs that help members with the services they need. The program that helps members with an intellectual disability (ID) will have new interviews. The interview will help decide what ID services are best for you if you need them. The interview called the Supports Intensity Scale (SIS) will be for members who get:

- Intellectual Disability (ID) Waiver services, or
- Intermediate Care Facility for persons with Intellectual Disabilities (ICF/ID) services.

The interview helps you and the case manager know the level of services and support you need to live in your community. A trained specialist will be there and a small group of people who know you well. The other people could be:

- A family member,
- Your case manager and/or
- A provider who has been working with you.

Not all members who get ID services will have an interview in the first year. After the first SIS interview, a new one is done every three years. You need to be picked to have an interview. You and your case manager will be contacted to set up the interview. If you have questions, please call **1-877-563-6972** or email DHSCoreStandardizedAssessments@dhs.state.ia.us.

